

FLRC FEBRUARY 2018 INDOOR TRACK MEET

Ithaca, NY

Finger Lakes Runners Club

February 18, 2018

**OFFICIAL MEET REPORT**

printed: 2/17/18, 9:17 PM

START LIST**FLRC 2 mile**

Lane	#	Name	Team	Time
Section 1 of 3				
1	992	Kevin Nelson	High Noon	13:40.00
2	895	Odell Sanchez	Ithaca Crew	13:40.00
3	880	Cameron Flamm	Ithaca Crew	13:45.00
4	683	Brandon Musso	Unattached	13:45.00
5	900	Andrew Wilson	Ithaca Crew	13:45.00
6	876	Spencer Cadley	Ithaca Crew	13:50.00
7	711	Gerrit Van Loon	Unattached	14:00.00
8	875	Eric Bredthauer	Ithaca Crew	14:00.00
9	873	Lance Amarilio	Ithaca Crew	14:00.00
10	874	Shane Audet	Ithaca Crew	14:30.00
11	886	Ethan Maines	Ithaca Crew	14:30.00
12	878	Vince Casiano	Ithaca Crew	15:00.00
13	882	Lucas Greenway	Ithaca Crew	15:00.00
14	884	Jack Lampman	Ithaca Crew	15:00.00
15	887	Tom Massam	Ithaca Crew	15:00.00
16	894	Alex Rizzo	Ithaca Crew	15:00.00
17	897	Dawson Shyne	Ithaca Crew	15:00.00
18	945	Alexa Lohmuller	Southern Tier SOAR	16:00.00
19	642	Tito Antonetty	Unattached	16:20.00
20	998	Dave Talcott	Shore AC	16:30.00
21	628	Deborah Bliss	Unattached	20:00.00
22	638	Robin Hadlock Seeley	Unattached	21:00.00

Section 2 of 3

1	565	Aaron Keller	Unattached	11:58.00
2	570	Steven Keller	Unattached	11:58.00
3	959	Josh Beres	Southern Tier SOAR	12:00.00
4	558	Tyler Hill	Unattached	12:00.00
5	892	Seth Ormsby	Ithaca Crew	12:30.00
6	893	Ian Philip	Ithaca Crew	12:30.00
7	935	Michael Rohl	Mansfield	12:30.00
8	899	Steve Van Hoof	Ithaca Crew	12:30.00
9	986	Howard Iseri	FLRC	12:40.00
10	879	Nathaniel Cutie	Ithaca Crew	12:45.00
11	891	Devin Mott	Ithaca Crew	12:45.00
12	639	Anne Shafer-Nolan	Unattached	12:50.00
13	991	Mark Rybinski	GVH	13:00.00
14	877	Stephen Cadoux	Ithaca Crew	13:10.00
15	633	Veronica Dailey	Unattached	13:30.00
16	881	Hunter Flamm	Ithaca Crew	13:30.00
17	883	Janak Judd	Ithaca Crew	13:30.00
18	885	Reuben MacNaughton	Ithaca Crew	13:30.00
19	889	Colby McKay	Ithaca Crew	13:30.00
20	890	Cameron Meier	Ithaca Crew	13:30.00
21	901	Ben Zerivitz	Ithaca Crew	13:30.00
22	990	Klaas van Wijk	FLRC	13:30.00

FLRC 2 mile (cont'd)

Lane	#	Name	Team	Time
Section 3 of 3				
1	995	Rich Heffron	MPF / High Noon AC	10:00.00
2	588	Sam Lagasse	Unattached	10:00.00
3	771	Jeb Parillo	Candor CSD Club Runn	10:20.00
4	703	Joe Thompson	Unattached	10:35.00
5	994	Casey Carlstrom	Highnoon AC	11:00.00
6	645	Daniel Cavalari	Unattached	11:00.00
7	748	Chris Mason	Auburn Pulsars	11:00.00
8	896	Webb Sarris	Ithaca Crew	11:00.00
9	719	Ximing Yin	Unattached	11:05.00
10	643	Jacob Belcher	Unattached	11:30.00
11	888	Andy McCabe	Ithaca Crew	11:30.00
12	898	Eric Stamer	Ithaca Crew	11:30.00
13	717	Reinhardt Wende	Unattached	11:30.00

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FLRC 800m

Lane	#	Name	Team	Time
Section 1 of 9				
1	635	Alaina Keller	Unattached	3:30.00
2	792	Ashley Tubbs	Corning Hawks	3:30.00
3	971	Freddie Collins	Team PREFO	3:50.00
4	957	Elsa Wood	Southern Tier SOAR	3:55.00
5	628	Deborah Bliss	Unattached	4:00.00
6	943	Hannah Kauffman	Southern Tier SOAR	4:00.00
7	809	Angelea Collins	Corning-Painted Post W	4:05.00
8	944	Leah Kauffman	Southern Tier SOAR	4:15.00
9	637	Stephanie Krusch	Unattached	4:21.80
10	859	Lilianna Nickerson	GIAC Navigators	5:00.00
Section 2 of 9				
1	688	Robert Nolan	Unattached	3:00.00
2	835	Alexis Perrigo	Elmira	3:00.00
3	804	Tristen Smith	Corning Hawks	3:00.00
4	711	Gerrit Van Loon	Unattached	3:00.00
5	841	Jessica Wandell	Elmira	3:00.00
6	805	Raghav Tandon	Corning Hawks	3:10.00
7	798	Ayinde Harewood	Corning Hawks	3:10.00
8	789	Evelyn Keys	Corning Hawks	3:10.00
9	973	Breanna Carl	Watkins Glen	3:10.00
10	949	Christina Peet	Southern Tier SOAR	3:26.00
Section 3 of 9				
1	982	Coreen Steinbach	Athena Track Club	2:55.00
2	728	Michael Cordi	TCRC	2:55.00
3	808	Victoria Collins	Corning-Painted Post W	2:55.00
4	992	Kevin Nelson	High Noon	2:57.00
5	785	Christina Gaskievicz	Corning Hawks	2:59.00
6	644	Jason Brayman	Unattached	3:00.00
7	631	Aubrie Cole	Unattached	3:00.00
8	986	Howard Iseri	FLRC	3:00.00
9	801	Ian Marsh	Corning Hawks	3:00.00
10	802	Kaiden May	Corning Hawks	3:00.00
Section 4 of 9				
1	766	Jenna O'Connell	Candor CSD Club Runn	2:45.00
2	935	Michael Rohl	Mansfield	2:45.00
3	916	Michelle Rohl	Mansfield	2:45.00
4	712	Trey Warner	Unattached	2:45.00
5	795	Bange Ashton	Corning Hawks	2:50.00
6	536	Peter Harewood	Unattached	2:50.00
7	812	Lydia Keys	Corning-Painted Post W	2:50.00
8	984	Raquel Morehouse	Cornell Track and Field	2:50.00
9	818	Abby Perry	Corning-Painted Post W	2:50.00
10	639	Anne Shafer-Nolan	Unattached	2:50.00
Section 5 of 9				
1	632	Hayley Cronin	Unattached	2:29.00

FLRC 800m (cont'd)

Lane	#	Name	Team	Time
2	810	Elora Ferrie	Corning-Painted Post W	2:30.00
3	643	Jacob Belcher	Unattached	2:30.00
4	958	Caleb Belanger	Southern Tier SOAR	2:30.00
5	811	Brynne Ketchum	Corning-Painted Post W	2:33.00
6	843	Caleb Belanger	Elmira	2:34.00
7	974	Megan Hazlitt	Watkins Glen	2:35.00
8	752	Katherine Hallinan	B Team	2:40.00
9	767	Leah O'Connell	Candor CSD Club Runn	2:40.00
10	996	Piper Young	Notre Dame	2:44.00
Section 6 of 9				
1	814	Claire Mason	Corning-Painted Post W	2:20.24
2	842	Ben Allen	Elmira	2:22.00
3	829	Aleziah Brooks	Elmira	2:22.00
4	833	Olivia Lovejoy	Elmira	2:22.00
5	834	Elizabeth Ostrander	Elmira	2:22.00
6	985	Alyssa Walker	Crusaders	2:22.00
7	816	Charlotte Nevins	Corning-Painted Post W	2:27.00
8	778	Danny Flynn	Chenango Forks	2:27.24
9	820	Jayla Skeete	Corning-Painted Post W	2:28.00
10	838	Olivia Steed	Elmira	2:28.00
Section 7 of 9				
1	853	Rob Ostrander	Elmira	2:11.00
2	558	Tyler Hill	Unattached	2:13.00
3	697	George Reynolds	Unattached	2:13.45
4	772	Corey Whatley	Candor CSD Club Runn	2:15.00
5	782	Vladimir Lavrinovich	Chenango Forks	2:15.24
6	768	Cameron Fitzgerald	Candor CSD Club Runn	2:16.00
7	844	Hayden Belanger	Elmira	2:19.00
8	846	Mariano Casciotti	Elmira	2:19.00
9	1000	Robert Mozo	Syracuse Track Club	2:19.00
10	981	Alex DeVine	315 Elite TC	2:20.00
Section 8 of 9				
1	828	Camden Zaidel	Corning-Painted Post W	2:06.24
2	756	Frank Vassallo	B Team	2:07.00
3	850	Jason Matthewson	Elmira	2:08.00
4	562	Matthew Johnson	Unattached	2:08.00
5	770	Lance Jensen	Candor CSD Club Runn	2:08.00
6	771	Jeb Parillo	Candor CSD Club Runn	2:08.00
7	854	Jaylen Townsend	Elmira	2:08.00
8	769	Christian Haynes	Candor CSD Club Runn	2:09.00
9	995	Rich Heffron	MPF / High Noon AC	2:09.00
10	759	Connor Fitzpatrick	Binghamton Running Cl	2:10.00
Section 9 of 9				
1	762	Michael Totaro	Binghamton Running Cl	1:59.85
2	864	Griffin Conrad	GIAC Navigators	2:00.00
3	827	Quinn Nicholson	Corning-Painted Post W	2:01.24

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START LIST**FLRC 800m (cont'd)**

Lane	#	Name	Team	Time
4	658	Richard Moore	Unattached	2:02.00
5	979	Gabe Planty	Watkins Glen	2:02.00
6	978	Aaron Planty	Watkins Glen	2:03.00
7	824	Bryce Derick	Corning-Painted Post W	2:03.24
8	519	Connor Demo	Unattached	2:05.00
9	705	Nico Tripeny	Unattached	2:05.00
10	755	JT Ryan	B Team	2:06.00

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START LIST

FLRC 200m

Lane	#	Name	Team	Time
Section 1 of 18				
1	872	Sincere Rodriguez	GIAC Navigators	2:00.00
2	870	Elijah Rodriguez	GIAC Navigators	2:00.00
3	856	Elise Burt	GIAC Navigators	2:00.00
4	859	Lilianna Nickerson	GIAC Navigators	2:00.00
5	871	Samuel Rodriguez	GIAC Navigators	2:00.00
6				
Section 2 of 18				
1	855	Laroy Bratton	GIAC Navigators	2:00.00
2	862	Joseph Bershaw	GIAC Navigators	2:00.00
3	860	Anayah Slaughter	GIAC Navigators	1:00.00
4	944	Leah Kauffman	Southern Tier SOAR	1:03.00
5	863	Wilson Bershaw	GIAC Navigators	2:00.00
6				
Section 3 of 18				
1	869	Lochlan Makepeace	GIAC Navigators	1:00.00
2	867	Israel Mack	GIAC Navigators	1:00.00
3	865	Tenzin Dhondup	GIAC Navigators	1:00.00
4	857	Elish Butler	GIAC Navigators	1:00.00
5	868	Sebastian Mack	GIAC Navigators	1:00.00
6				
Section 4 of 18				
1	866	Zehan Lama-Nelson	GIAC Navigators	1:00.00
2	864	Griffin Conrad	GIAC Navigators	59.00
3	628	Deborah Bliss	Unattached	56.00
4	950	Caitlyn Slavin	Southern Tier SOAR	56.00
5	956	Jasmine Wagner	Southern Tier SOAR	59.00
6				
Section 5 of 18				
1	938	Anya Beres	Southern Tier SOAR	56.00
2	745	Morgan Schultz	Auburn Pulsars	54.00
3	817	Veronica Nevins	Corning-Painted Post W	50.24
4	943	Hannah Kauffman	Southern Tier SOAR	54.00
5	629	Katelyn Brayman	Unattached	55.00
6				
Section 6 of 18				
1	690	Cameron O'Leary	Unattached	50.00
2	941	Sabou Diakite	Southern Tier SOAR	50.00
3	858	JaEille Griffin	GIAC Navigators	48.00
4	861	Aniyah Stewart	GIAC Navigators	48.00
5	946	Madison Morton	Southern Tier SOAR	50.00
6				
Section 7 of 18				
1	637	Stephanie Krusch	Unattached	47.22
2	954	Charlee Stroman	Southern Tier SOAR	45.00
3	940	Sadie Beres	Southern Tier SOAR	43.00

FLRC 200m (cont'd)

Lane	#	Name	Team	Time
4	729	Lexi Tucker	Troy	44.00
5	957	Elsa Wood	Southern Tier SOAR	45.00
6				
Section 8 of 18				
1	948	Tabitha Oakes	Southern Tier SOAR	42.00
2	966	Ira West	Southern Tier SOAR	41.00
3	964	Gavin Walker	Southern Tier SOAR	40.00
4	968	Brody Zeigler	Southern Tier SOAR	40.00
5	630	Jade Brockner	Unattached	42.00
6	939	Bella Beres	Southern Tier SOAR	43.00
Section 9 of 18				
1	961	James Lovell	Southern Tier SOAR	40.00
2	960	John Hazlett	Southern Tier SOAR	40.00
3	787	Kennedy Herman	Corning Hawks	38.00
4	963	Owen Ripley	Southern Tier SOAR	39.00
5	942	Maggie Houp	Southern Tier SOAR	40.00
6	955	Abigail Wagner	Southern Tier SOAR	40.00
Section 10 of 18				
1	773	Wood Meria	Chenango Forks	37.64
2	790	Emma Sutton	Corning Hawks	36.00
3	712	Trey Warner	Unattached	35.00
4	753	Alexandria Naylor	B Team	35.24
5	803	Lucas Saurbaugh	Corning Hawks	37.00
6	775	McKenna Waffle	Chenango Forks	37.64
Section 11 of 18				
1	788	Cassandra Howard	Corning Hawks	35.00
2	784	Ava Brucie	Corning Hawks	34.00
3	711	Gerrit Van Loon	Unattached	34.00
4	801	Ian Marsh	Corning Hawks	34.00
5	797	Nate Freeloove	Corning Hawks	35.00
6	982	Coreen Steinbach	Athena Track Club	35.00
Section 12 of 18				
1	840	Allison Wagner	Elmira	33.00
2	786	Lauren Gerow	Corning Hawks	33.00
3	996	Piper Young	Notre Dame	32.00
4	796	Seungiae Balk	Corning Hawks	33.00
5	837	Ann Rowlands	Elmira	33.00
6	967	Alex Yeater	Southern Tier SOAR	33.00
Section 13 of 18				
1	805	Raghav Tandon	Corning Hawks	32.00
2	798	Ayinde Harewood	Corning Hawks	32.00
3	984	Raquel Morehouse	Cornell Track and Field	30.00
4	830	Moriah Brooks	Elmira	30.20
5	804	Tristen Smith	Corning Hawks	32.00
6	791	Alexis Tenny	Corning Hawks	32.00
Section 14 of 18				

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Lane	#	Name	Team	Time
1	800	Caden Keough	Corning Hawks	29.80
2	794	Hayden Allington	Corning Hawks	29.80
3	767	Leah O'Connell	Candor CSD Club Runn	29.00
4	754	Jillian Perrault	B Team	29.50
5	799	Kadin Herman	Corning Hawks	29.80
6	763	Erin Bruttomesso	Candor CSD Club Runn	30.00
Section 15 of 18				
1	765	Mya Marsh	Candor CSD Club Runn	28.50
2	851	Justin Matthewson	Elmira	28.00
3	832	Audem Jackson	Elmira	28.00
4	764	Lillian Jensen	Candor CSD Club Runn	28.00
5	839	Alexa Wagner	Elmira	28.00
6	1000	Robert Mozo	Syracuse Track Club	28.90
Section 16 of 18				
1	810	Elora Ferrie	Corning-Painted Post W	27.24
2	770	Lance Jensen	Candor CSD Club Runn	26.50
3	768	Cameron Fitzgerald	Candor CSD Club Runn	26.20
4	777	Derek Carley	Chenango Forks	26.34
5	975	Isobel Scheffey	Watkins Glen	27.00
6	820	Jayla Skeete	Corning-Painted Post W	27.24
Section 17 of 18				
1	951	Charlie Slusser	Southern Tier SOAR	26.00
2	769	Christian Haynes	Candor CSD Club Runn	25.90
3	783	Steven Shepard	Chenango Forks	25.64
4	776	Kelby Baker	Chenango Forks	25.74
5	771	Jeb Parillo	Candor CSD Club Runn	26.00
6	772	Corey Whatley	Candor CSD Club Runn	26.00
Section 18 of 18				
1	757	Nate Benjamin	Binghamton Running Cl	25.50
2	524	Brian Fallot	Unattached	24.60
3	981	Alex DeVine	315 Elite TC	23.40
4	845	Jhamir Brown	Elmira	23.84
5	758	Michael D'Angelo	Binghamton Running Cl	25.00
6	781	Pavel Lavrinovich	Chenango Forks	25.64

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START LIST

FLRC 1 mile

Lane	#	Name	Team	Time
Section 1 of 8				
1	945	Alexa Lohmuller	Southern Tier SOAR	8:00.00
2	948	Tabitha Oakes	Southern Tier SOAR	8:00.00
3	963	Owen Ripley	Southern Tier SOAR	8:00.00
4	954	Charlee Stroman	Southern Tier SOAR	8:00.00
5	998	Dave Talcott	Shore AC	8:00.00
6	964	Gavin Walker	Southern Tier SOAR	8:00.00
7	950	Caitlyn Slavin	Southern Tier SOAR	8:22.00
8	953	Amelia Sparling	Southern Tier SOAR	8:25.00
9	941	Sabou Diakite	Southern Tier SOAR	8:35.00
10	641	Terri Woodford	Unattached	9:00.00
11	638	Robin Hadlock Seeley	Unattached	9:30.00
12	637	Stephanie Krusch	Unattached	9:55.00
13	628	Deborah Bliss	Unattached	10:00.00

Section 2 of 8

1	747	Connor Duffy	Auburn Pulsars	7:12.00
2	940	Sadie Beres	Southern Tier SOAR	7:13.00
3	961	James Lovell	Southern Tier SOAR	7:15.00
4	949	Christina Peet	Southern Tier SOAR	7:20.00
5	749	Billy Schultz	Auburn Pulsars	7:20.00
6	952	Ryann Slussser	Southern Tier SOAR	7:20.00
7	955	Abigail Wagner	Southern Tier SOAR	7:28.00
8	635	Alaina Keller	Unattached	7:30.00
9	987	Mike Paporone	FLRC	7:30.00
10	746	Ella Varga	Auburn Pulsars	7:30.00
11	750	Dan Sheppard	Auburn Pulsars	7:45.00
12	616	James Miner	Unattached	7:00.00
13	751	Jacob Varga	Auburn Pulsars	7:00.00

Section 3 of 8

1	785	Christina Gaskievicz	Corning Hawks	6:35.00
2	969	Cassandra Collins	Team PREFO	6:40.00
3	631	Aubrie Cole	Unattached	6:45.00
4	789	Evelyn Keys	Corning Hawks	6:45.00
5	636	Kim Kraebel	Unattached	6:45.00
6	977	Julya Slater	Watkins Glen	6:45.00
7	959	Josh Beres	Southern Tier SOAR	6:47.00
8	688	Robert Nolan	Unattached	6:50.00
9	947	Samantha Oakes	Southern Tier SOAR	6:50.00
10	634	Tonya Engst	Unattached	6:59.00
11	942	Maggie Houp	Southern Tier SOAR	7:00.00
12	748	Chris Mason	Auburn Pulsars	7:00.00
13	711	Gerrit Van Loon	Unattached	7:00.00

Section 4 of 8

1	848	Bryce Jensen	Elmira	6:00.00
2	683	Brandon Musso	Unattached	6:00.00

FLRC 1 mile (cont'd)

Lane	#	Name	Team	Time
3	766	Jenna O'Connell	Candor CSD Club Runn	6:00.00
4	991	Mark Rybinski	GVH	6:00.00
5	774	Pipher Reid	Chenango Forks	6:07.00
6	627	Julie Barclay	Unattached	6:10.00
7	986	Howard Iseri	FLRC	6:10.00
8	644	Jason Brayman	Unattached	6:15.00
9	823	Caleb Chafee	Corning-Painted Post W	6:15.00
10	965	Conrad West	Southern Tier SOAR	6:18.00
11	983	Nicolette Swanbery	Cornell Track & Field Cl	6:25.00
12	536	Peter Harewood	Unattached	6:30.00
13	972	Colten Ketchum	Team PREFO	6:30.00

Section 5 of 8

1	819	Grace Scouten	Corning-Painted Post W	5:30.00
2	993	Michael Stewart	High Noon	5:30.00
3	806	Cleo Baker	Corning-Painted Post W	5:30.00
4	779	Declan Houlihan	Chenango Forks	5:35.24
5	793	Brianna Urban	Corning Hawks	5:37.00
6	565	Aaron Keller	Unattached	5:40.00
7	570	Steven Keller	Unattached	5:40.00
8	962	Chase Ripley	Southern Tier SOAR	5:40.00
9	843	Caleb Belanger	Elmira	5:45.00
10	988	Robert Swizdor	FLRC	5:45.00
11	809	Angelea Collins	Corning-Painted Post W	5:50.00
12	587	Jesse Koennecke	Unattached	5:57.00
13	996	Piper Young	Notre Dame	5:59.00

Section 6 of 8

1	780	David Lavrinovich	Chenango Forks	5:24.24
2	849	Nasir King	Elmira	5:27.00
3	640	Alia Spaker	Unattached	5:29.00
4	717	Reinhardt Wende	Unattached	5:30.00
5	643	Jacob Belcher	Unattached	5:30.00
6	821	Nick Cann	Corning-Painted Post W	5:30.00
7	822	Andrew Cartwright	Corning-Painted Post W	5:30.00
8	807	Alivia Collins	Corning-Painted Post W	5:30.00
9	831	Aneisa Dodson	Elmira	5:30.00
10	970	Faithe Ketchum	Team PREFO	5:30.00
11	813	Alicia Lawson	Corning-Painted Post W	5:30.00
12	815	Katherine Mertus	Corning-Painted Post W	5:30.00
13	836	Casey Roman	Elmira	5:30.00

Section 7 of 8

1	980	Jacob Blaszkow	315 Elite TC	5:05.00
2	645	Daniel Cavalari	Unattached	5:05.00
3	989	Jason Tuori	FLRC	5:05.00
4	826	Dustin Moore	Corning-Painted Post W	5:10.00
5	770	Lance Jensen	Candor CSD Club Runn	5:10.00
6	646	Sasha Coyote	Unattached	5:10.00

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Lane	#	Name	Team	Time
7	771	Jeb Parillo	Candor CSD Club Runn	5:10.00
8	852	Nate Nelan	Elmira	5:12.00
9	958	Caleb Belanger	Southern Tier SOAR	5:13.00
10	700	Shaowei Tan	Unattached	5:15.00
11	999	Phil Kwasney	STRC	5:20.00
12	590	Brian Lazzaro	Unattached	5:20.00

Section 8 of 8

1	519	Connor Demo	Unattached	4:32.00
2	562	Matthew Johnson	Unattached	4:40.00
3	577	Mikhail Kern	Unattached	4:40.00
4	761	Jasper Suhr	Binghamton Running Cl	4:40.00
5	760	Dylan Mitlof	Binghamton Running Cl	4:43.00
6	995	Rich Heffron	MPF / High Noon AC	4:45.00
7	997	Steven Segal	Notre Dame High Scho	4:45.00
8	647	Michael Dee	Unattached	4:48.00
9	825	Nathan Lawson	Corning-Painted Post W	4:50.24
10	703	Joe Thompson	Unattached	4:55.00
11	847	Patrick Hemenway	Elmira	5:00.00